

# YOU CAN

YOUTH CANCER SUPPORT

YOU CAN  
SUPPORT

**AFD**  
LTD®  
AMERICAN FOOTBALL  
DEVELOPMENT

"AFD is delighted to be a partner/supporter of YouCan. We realise how important sport can be in having an impact on your overall wellbeing and are excited to be able to offer flag football as part of this great and inclusive programme."

Gur Samuel  
Managing Director



## Did you know?

Research has shown that breast and colon cancer patients who exercise regularly have half the recurrence rate of those that don't!

KentSport  
.org

The logo for KentSport.org features a stylized, colorful graphic of a person running or a flag, with yellow and red curved lines on a pink circular background.